



May 2026 Newsletter

Northallerton and the Dales Mencap Society AGM:

The Annual General Meeting of the Society will take place on July 20th at 7.30 p.m. at the Centre. All welcome. There will be reports relating to the work of the Society and its financial position. Trustees will be appointed as will our auditors. If you are interested in becoming a Trustee or want to learn more about what the Society does, come along and offer your support. If you would like more information, please feel free to contact us by email on admin@northallertonmencap.org.uk – or by telephone on 01609 778894.

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Scarborough Trip:

This year the trip to Scarborough will be on Monday 10th August. Atkinsons' coach has been booked and it is hoped that we will be able to fill it this year. Tickets will be £15 for all adults and £5 for children. To book and pay for your ticket or tickets contact the Mencap office. If you usually have support then you will need support for the day.



Joelle Mitchell – Centre Manager:



Joelle



Our Mission



Family Carers Drop-in

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The next meeting will be on 18th June between 1 and 2.30 pm,

First Aid Training

Two members of staff recently completed their First Aid Training. The training helped staff learn important skills to support the health and safety of our members and colleagues. Well done to both staff members for completing the course and gaining their certificates.

Treat Me Well Group

Our Treat Me Well Group continues to meet regularly to talk about important issues affecting adults with learning disabilities. The group gives members the chance to share their experiences, discuss challenges they may face, and work together to find ways to improve things.

The group helps make sure that everyone's voice is heard and that people are treated with dignity, respect, and fairness. Thank you to everyone who attends and contributes to these valuable discussions.



Garden Project



Monday Club



Lunchables



Sport with

Retirement Celebration

After many years of hard work and dedication, we recently said goodbye to our lovely Development Manager Sue.

Our members and friends came together to celebrate with a special retirement party. It was a lovely afternoon filled with memories, laughter, a poem and plenty of cake!

We would like to thank them for all their support, kindness, and commitment over the years and wish Sue a very happy retirement.

Huntingtons' Support Group

Anyone touched by Huntingtons Disease is welcome. Join members on the last Saturday of each month between 10 and 12 for an informal chat with refreshments at the Goosecroft Centre.

Great Big Picnic – July

We are looking forward to our annual Great Big Picnic taking place this July at the sports field behind the leisure centre.

The picnic is always a fantastic day where members can enjoy games, food, music, and spending time together outdoors.

If the weather is bad, the event will instead take place at our centre.

We hope to see everyone there for another fun-filled day!

Dan's Film Club





The Goosecroft Litter pickers

The next litter pick will be on Saturday July 11th 2026 – all welcome. The Goosecroft Pickers are grateful to Phillip Craig for his support and for the 'Keep Britain Tidy' equipment and insurance.



Frits Rab, Chair:

The Trustees

I hope you enjoy reading our latest newsletter. I look forward to seeing you at our AGM. Please come along to offer your support.

The Society continues to function well in support of people with learning disabilities, their carers and families. Members of the new team are working hard to maintain the Centre and to encourage those who participate in our activities. Included in the team now is John Logan who is carrying our caretaking and maintenance tasks as well as helping with the garden project. New ideas are being considered, and we are keen to make and maintain links with other organisations. We are always pleased to welcome new people and to consider innovative ways of benefitting those we support. Please feel free to contact us if you would like to become involved or want to know more.

Have a look at our webpage and let us know what you think.

Contact details:

admin@northallertonmencap.org.uk on [Facebook](#) or Tel: 01609 778894